

AWARENESS OF MY HIGHER SELF MEDITATION



I AM RADIATING, WITH INTENSITY, MY
CONSCIOUS AWARENESS OF MY HIGHER SELF.

I AM RADIATING, WITH INTENSITY,
THE JOY OF MY HIGHER SELF.

I AM RADIATING, WITH INTENSITY, THE
WELL BEING OF MY HIGHER SELF.

I AM RADIATING, WITH INTENSITY,
THE ABUNDANCE OF MY HIGHER SELF.